



The ACF Outlook

Newsletter of the African Christian Fellowship - USA

Volume 6, Issue 4: October 2011

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BUILDING FAMILIES



BUILDING BRIDGES



RECONNECTING WITH AFRICA



PASSING THE LEGACY

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Africa Rising

A Vision of Hope



Sam Ogbonnaya,
Director, Reconnecting with the Continent

MUCH HAS BEEN WRITTEN AND SPOKEN about the challenges facing Africa, and indeed there is much work to be done. I'm sure you are well aware of the litany of issues so I'll spare you a rehearsing of the familiar. In one article I read recently, the author, Sunny Oputa, stated that "Despite Africa's abundant energy from the sun (solar energy - yet untapped), its vast mineral resources, rich vegetation and great human potentials, there has been a systematic lack of adequate kinetic energy to leapfrog the emergence of a developed continent of Africa".

Considering the historical predisposition of African countries, this statement is a familiar refrain which we may very well have been conditioned to expect and accept. There is, however, a new and growing attitude about a new Africa that is beginning to rise. Sunny Oputa began his first paragraph with "Once upon a time, there was no Corporate Africa. It was either Corporate Africa was not in existence, conceived, realized, and visible or it was eclipsed and in chains. That was before the end of the 1990's". The article went on to say: "Today, a new era is setting in Africa. The African sun is rising again from the long eclipsed darkness..." This is a new African attitude that now beckons on us all.

Reconnecting with the Continent

The mission statement of the African Christian Fellowship USA, Inc. (ACF) states

that "ACF shall be a thriving Christian Community that models integrity, excellence, and compassion to mobilize and empower Africans worldwide to impact their generation and Africa". It is this vision for a transformational KINETIC ENERGY that undergirds the ACF Reconnecting with The Continent agenda. In "Reconnecting with The Continent", the African Christian Fellowship is saying that in Christ Jesus Salvation and Redemption has come to the people and nations of Africa. Allegiance to Christ portends blessing and prosperity; therefore, as we have accepted the Lordship of Jesus Christ, so also have we become his instrument of blessing to his people in Africa.

There is no greater task for this generation of African Christians than to practice the Christian faith in a way that demonstrates the transformational life giving power of the gospel of Jesus Christ. The world is waiting! Africa is waiting for the manifestation of the power of God in a way that validates our theological claim of redemption through Christ. The argument might be made, and rightfully so, that the redemption and blessings of our faith are not necessarily material in nature. However, the biblical evidence is also clear that Our Lord and Savior Jesus was quick to recognize and meet the practical needs of those who were fol-

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Editorial Are we out of the woods of the global economic recession yet? How much longer do we have to travel along this journey to reach the end of this tunnel of pains and sufferings? The lingering consequences of the global economic recession have generated rippling effects across all spheres of life, as evidenced by socio-cultural unrest, religious rioting, and political turmoil in various parts of the world. Sadly, many experts of professional fields and leaders of governments appear to have run out of ideas on how to find lasting solutions to the myriads of unyielding, multi-faceted, intercalating problems plaguing the people. Amazingly, the body of Christ, the Church, continues to provide meaningful, practical, holistic help and hope to the ever-soaring number of people trapped in diverse afflictions and calamities.

In this context, it is worth commending ACF for its remarkable, unabated commitment and indescribable sacrifice in bringing its diverse and outstanding pool of talents/resources

to bear on the African continent as its own way of giving back to our less privileged people. It should be recalled that ACF, over the years, has designed and implemented programs for reconnecting with Africa, which have evolved from preaching and teaching the Word to addressing social, physical, and economic needs.

In this issue of **The ACF Outlook**, we gladly feature the article by Bro Samuel Ogbonnaya, our new ACF USA Director of Reconnecting With The Continent, who clearly re-defines the vision and missions of ACF, pointing out ACF's efforts in and commitment to translating its vision into the reality of impacting not only our own generation, but also future generations for Africa.

You are respectfully invited to read the uplifting articles in this issue of **The ACF Outlook**, knowing that our God is able to cause us to will and to do His good pleasures even in perilous times like these. Enjoy and be encouraged as you read on! ✂
 — C. S. N. Chujor, Ph.D., Editor-in-Chief

The National Board Welcomes The New Director of Administration & Management

Sister Joy Akanji, National Board Secretary, ACFUSA

IT IS WITH GREAT PLEASURE AND EXCITEMENT THAT I announce to you the National Board's newly appointed Director of Administration and Management in the person of Sister (Mrs.) Marie David. Sister Marie has been a member of ACF for many years and has served in various capacities while in Atlanta, GA. She currently resides in Arkansas with her family. Sister Marie brings to the board a wealth of knowledge and experience in administration, and the National Board is confident that she will be an asset to ACF leadership at the national level. To read more about Sister Marie David, visit <http://www.acfusa.org/officers/director-of-administration-management>

It is with great confidence that I pass the baton of A&M Di-

rectorate to Sister Marie after six years of serving in this capacity, two of which were in the dual role of A&M Director and Secretary of the ACF National Board. Sister Marie's appointment will enable me to concentrate my energy and focus on the core functions of the National Board Secretary of this great organization. I want to sincerely express my heartfelt gratitude for your continued and unwavering support over the years; I also crave the same support, and even more, for Sister Marie who is now serving as the A&M Director effective August 10, 2011.

On behalf of the National Board of ACF, I say thank you. May the Lord bless you and keep you in His love. ✂



Mrs. Marie David

Editorial Corner

Guidelines for Submitting Articles for Publication

- Articles may be submitted via email at any time to the editorial committee member from your region or directly to the NEC Chair / Editor-In-Chief (newsletter@acfusa.org).
- Acceptable articles shall have a maximum of 700 words, preferably in Word format.
- Articles may cover the following content areas of the newsletter:
 - Reports of activities from regions and chapters.
 - Educational and informational materials that would be helpful to the individual member, including, but not limited to, such subjects as insurance, health, immigration, investments, etc.
 - A chat corner or food for thought.
 - Youth forum.

- Testimonies.

4. Submit newsletter articles to newsletter@acfusa.org

Editorial Policies and Procedures

- The editorial committee will endeavor to include articles from across the regions.
- All publishable articles may not get published right away, given that space is very limited.
- Quarterly Newsletters will be issued by January, April, July, and October of each year.

Newsletter Editorial Committee (NEC) Members

Joy Akanji (Secretary, ACFUSA)
 Chujor S.N. Chujor (East, Coordinator, NEC Chair & Editor-in-Chief)
 Abiodun Olatidoye (South)
 Adah Mogbo (West)
 Yele Akanji (Y/A, NEC Secretary) ✂

Disclaimer

ALL THE VIEWS expressed in this newsletter are the personal opinions of the respective authors and have not been verified by the African Christian Fellowship USA (ACFUSA). They do not constitute any form of endorsement by the organization. Readers may not hold ACFUSA, its officers, staff, or volunteers liable for any views, opinions or information contained in this newsletter. ✂

Africa Rising

[continued from page 1]

lowing him and by so doing demonstrated the power of God through his many miracles. Actions validate words, and even more importantly, “actions speak louder than words”. Much more than how much we preach, what would win the heart and soul of Africa is the demonstrated power of the gospel in the lives of everyday people.

Our Nehemiah Assignment

Nehemiah challenged the elders of Israel in Jerusalem with the following words: “You see the distress that we are in, how Jerusalem lies waste, and its gates are burned with fire. Come and let us build the wall of Jerusalem, that we may no longer be a reproach.” (Nehemiah 2:17-18).

In “Reconnecting with The Continent”, ACF USA is calling the African Christian Community to our Nehemiah assignment; to participate actively in re-building the broken walls of Africa. The vision is to bring together African Christians from every walk of life, government officials, community leaders, academicians, interested third-parties, and private business people of African descent from Africa and in the Diaspora to step up to the task at hand.

ACFUSA has accepted the task of leading the effort aimed at

- Supporting the spread of the gospel in Africa through evangelistic outreaches, pastoral training, church planting, support for local pastors, support for local churches, etc.
- Assessing and developing the capacity and strategic goals necessary to fulfill the Nehemiah mandate.
- Creating the collaborative will, public awareness, and commitment among interested parties to address the needs of the continent;
- Sensitizing Africans in the Diaspora to their roles and responsibilities in the reconstruction of Africa and to create an enabling environment and the requisite capacity to respond to challenges and opportunities in the continent;
- Tapping into our vast network of motivated and highly skilled professionals to develop a framework for action in the various areas of critical need to Africa and Africans.

Ordinary people doing extra ordinary things

From age to age God in his infinite mercy has chosen to accomplish extra ordinary things through ordinary people. Moses, Gideon, David, Jonah, the Virgin Mary, the Apostles, etc, the list goes on. These were very ordinary people who God used to do extra ordinary things. In the present age, God is again looking for ordinary men and women for the purpose of accomplishing his purpose for the people and nations of Africa. Could that be you?

In addition to the excellent work being done by ACF Chapter and Regional Mission Teams, several individuals have also made the commitment and are working hard to make a difference. In the coming months we will highlight the activities of several people whom the Lord is using to accomplish extra ordinary things in Africa. Here are a few:

Gideon and Joy Ngobi are ordinary people from Uganda. After many years of living and studying in the United States, they felt a need to do something. In 2006, Ugandan natives, Dr. Joy Ngobi and her husband Gideon, returned to their African homeland to visit family. They both agreed they must shift from the path they had been on, which was helping family and friends by giving them money to subsidize their way of life.



Seeing women making jewelry from recycled paper, seeds, and stones gave them an idea to improve lives. Opening a market in the United States seemed the perfect way to help the artisans earn a sustainable living, and be able to pursue educational opportunities. This was the beginning of Jinja Jewelry. The next step was setting up a program to teach other women – and young men – the process, and to promote and encourage economic literacy. The commitment and process was a daunting task, but the Ngobis decided a non-profit was the best way to realize this dream. They also hoped to expand the dream of educating the impoverished orphan children of the area. This commitment went forward, irrespective of race, color, social status or religion. The result is the Hope Institute

of Uganda which aims to change entire generations, one person at a time, by bringing them hope through education and economic opportunities. www.hopeinstituteuganda.org.



Paul & Shartsi Musherure are ordinary people also from Uganda. Because they believed they could make a difference, they began an annual Dental Mission work in Uganda to provide dental care to AIDS orphans in Uganda. It’s been ten years since the first Ugandan Dental Mission trip and the Musherures have not relented because the people still need help.

The Ugandan Dental Missions project is a true partnership between the medical team from the United States and local medical professionals in Uganda. By the time the team from the United States arrives, the Ugandan team has already laid the ground work of publicity, setting up equipment, and any necessary advance preparation so that once the group from the United States arrives they can hit the ground at full speed. This collaborative approach makes for greater efficiency during their usual 10 days of direct patient care. At the conclusion of the ten days, the America team returns home while the Ugandan team continues with patient follow-up.



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Africa Rising

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KazeemKazeem (www.kazeemkazeem.org) is a group founded by eleven young men from Bowie Maryland. The founding members of this organization are; Maduka Nnadozie, Ebo Biney, Schapiro Kalu, Damilola Ogunnoiki, Gideon Turkson, Chinomnso Maduka, Alimamy Bundu, Robert Jackson, Stanley Chioma, Georges Rousseau, and Afolabi Mojibola.

Believing that youth is no barrier to action they founded an organization to, in their own words, “lead our nation into a new beginning while focusing on the positive up-bringing of our youth”. Their commitment is to “continue to preserve our heritage by demonstrating Leadership and Unity.... We continuously strive to begin the movement of "academic opportunity for every child" growing up in the diverse nations of our origin. For this reason, our biggest commitment to charity goes to the "Dreams Fulfillment Foundation." where children are provided with the means necessary to make their dreams come true by a means of education.”

Shola and Funlayo Alabi saw an opportunity to turn a business passion into a helping ministry. They founded Shearadiance, www.shearadiance.com, to “create beautiful body care products from ingredients that come from renewable and sustainable sources in Africa (seeds from African Shea Tree) while positively impacting the lives of women and children...”. Shea

Radiance spent time training and working closely with eight cooperatives in Northern Nigeria. With training support and the provision of locally manufactured technology, women were taught to add value to their labor by producing the best quality shea butter.

In their own words, “Our goal is to establish a viable business entity that will be a sustainable source of income and economic activity for the women, their families and the entire community. By processing raw shea nuts into shea butter within the local communities, the women producers add value to the product prior to export. This allows them to make a significantly higher income from the sale of shea butter than the sale of unprocessed shea nuts. The impact of our decision to produce within the local communities extends beyond the shea collectors and producers to the community at large. As the volume of shea production increases within a community, the need for supporting services like transportation, packaging, warehousing and banking increase. The positive economic impact spreads through the community.



You too can make a difference. You can join in rebuilding the walls of Africa! The harvest is ripe but the laborers are few.

We are praying for the Lord of harvest to send laborers. If you are interested or know someone who might be interested in this effort, please contact us at missions@acfusa.org or by telephone at (612) 250-4347. ☘

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ACF South Region Welcomes Two New Chapters (Texas Central & Tulsa, OK)

PART OF BUILDING BRIDGES IS TO ESTABLISH ACF CHAPTERS in areas we currently do not have any. We set up goals a year ago and believe God to help us start four new chapters within two years. On the average, it takes more than two years to see a new chapter formed and we wanted to reverse this trend. I thank God Almighty and all individuals that are involved in the formation of new chapters in the South Region. Two new chapters started recently, one in Texas Central (Waco), Texas and the other in Tulsa Oklahoma. A lot of effort went into starting these chapters with the national Chairman being personally involved with the one in Waco, TX. We are excited about the emergence of these chapters. The interim president of Texas Central ACF is Dr. Wale Fashina (walefashina@aol.com).

Felix Adah, Ph.D, President, ACF South Region

(www.acfusa.com). Dr. Fashina and family were members of the Jackson MS chapter before they moved to Texas few years ago. As an extension of Jackson Mississippi chapter reaching out to the new chapter (that may have some Jackson “DNAs”), the Jackson President, Elder Joseph Akanji and the wife, sister Joy Akanji, our honorable national Secretary, made a surprise visit to Texas Central ACF during the inaugural meeting on September 4, 2011. The Brethren were ecstatic to see these unannounced visitors.

Tulsa, OK has been a city that needed an ACF in view of the many Africans that live there. The new chapter facilitator is Bro Paul Okoruwa (Okoruwa@aol.com), a brother who worked very hard for the formation of the chapter. [continued on next page]

Living Longer and Better – More to Your Health!

MANY OF US WORK HARD TO MAKE OUR HEALTH A PRIORITY to the point where we may be gullible to the multiple products and vitamin supplements available for sale. Actually, our health does take diligent attention but it is being attentive to the simple things. Sleep, fresh foods, exercise, and fun with others. Culturally, these elements were easily obtained at home but in the Western culture lifestyle varies with the adoption of multiple jobs and projects that rob us of time and health. A depleted body and poor nutrition are a set up for many inflammatory processes that steal our health.

Inflammation is a precursor to many chronic diseases like hypertension (high blood pressure), diabetes and other forms of heart disease. Countering inflammation means to strengthen the immune system function by changing the way we eat and by increasing physical activity. The type of food is what we focus on. Foods rich in antioxidants, like berries; rich in omega 3 fatty acids, like salmon; and rich in Vitamin D, like enriched dairy or fatty fish, help to reduce inflammation and thus make the list for foods to include for health. Removing a whole food group is not in our best interest since it creates a loss of significant vitamins, minerals or protein that the food group offers.

Some simple strategies to help keep us healthy longer are:

- Eat lower saturated fat, that is, lesser fatty cuts of beef or skin on chicken and turkey
- Make stews and sauces with olive oil, canola or nut oils
- Mix blueberries, strawberries or other berries in with fruit salads
- Continue using fatty fish like tuna, mackerel, sardines and

By Robin Nwankwo, ACF Ann Arbor Chapter

salmon as main dishes

- Beans, like black-eye peas or fava beans are great sources of fiber needed to keep the intestinal tract healthy and useful to keep cholesterol levels balanced.
- Lower salt in foods by using strong flavored onions like red onion, and other spices like a variety of peppers, more than the common red cayenne type peppers, but also red bell peppers, green, orange and yellow peppers that add a sharp and sweet flavor to stews.
- Nuts of all varieties, of course unsalted, are high Vitamin E sources foods also high in the monounsaturated fat that is helpful in supporting heart health (supports the HDL- high density lipoprotein). These make satisfying snacks, especially for those who eat less than 2 meals in a day.
- Dark green colored and deep orange colored vegetables are naturally high in Vitamin K and A. These vitamins support bone strength and immune system's ability to fight infection.
- Whole grains, like beans, provide fiber but also give us the minute amounts of minerals like magnesium to keep our cells functioning.
- Milk or calcium + Vitamin D + protein rich foods keep our bones strong, our muscles moving and nerves functioning.
- Physical activity is recommended for one hour of accumulated movement per day. Most of us can do this by parking a distance away and walking to and from work or school.

Simple things taken one at a time can make the world of difference. We can start with ourselves and continue to be a role model, leaving a legacy for our children. ☘

[ACF South Region, cont'd from previous page]

Brother Elijah Adeoye, the President of Norman, Oklahoma, visited the chapter on the 24th of September, encouraged and blessed the new chapter with words of exhortation.

On behalf of the South Region, the Chairman of ACF National Board and all ACF membership, I congratulate the new chapters for a positive beginning and I thank all the individuals who have worked hard to see the establishment of these great chapters. I pray that the Lord will enrich them and bless them with all knowledge, wisdom and power in Jesus Name. Amen. Leaders, please send e-mails to these new chapters' Facilitators to encourage, bless and congratulate them as they will need our support on this new journey. ☘



Group photograph of the members of ACF Texas Central Chapter

2011 ACF USA National Conference Report

THE 2011 ACF USA NATIONAL CONFERENCE HAS COME and gone. However, it left in its trail memorable events. We thank the Lord for His grace and mercy and for granting us a successful, revitalizing, and safe conference. Despite the initial concerns of the planning committee, the Lord surpassed our expectations with 475 attendees at the Westin Los Angeles Airport Hotel. The theme of the conference was “Building and Nurturing Christ-Centered Relationships”.

With representations from various ACF chapters from all the regions, a powerful keynote address delivered by Pastor John Nganga from Kenya, launched the conference. He described the church of Jesus Christ as an entity without boundaries. Quoting John 17:20 – 26, he emphasized the unifying role of the church, stating “A members only club that exists for nonmembers”. He then contrasted the church to a fellowship as an entity with boundaries, e.g. Africans, as in ACF. He advised that ACF must not become a church, but remain a fellowship, a ministry of the church, with a mission to the African continent. In his keynote address on the 2nd day of deliberations, Dr. Vincent Anigbogu challenged us with the analogy of Potential and Kinetic Faith burrowing from the concept of potential and kinetic energy in physics. Using Isaiah 55:11 as a background, he stated that a Christian is a ‘converter’ of God’s promises to reality. He then prescribed some keys to the transformation of Africa, including human capital development, development of natural resources, and government that facilitates development. ACF is considered a critical arm of this adventure, leveraging training of her members to discover their passion for our motherland.

This year’s conference was packed with exciting topics during the concurrent sessions. Various sessions addressed is-

Dr. Abiodun Olatidoye
Co-Chair, 2011 National
Conference Planning Committee

issues affecting relationships within the home, extended family, the church community, the work place, as well as the society at large. Topical subjects like estate planning, retirement, finances in a Christian home, coping with family tragedies, and Christian parenting were also discussed. One of the most invigorating sessions was the town hall meeting which entertained topics like “Socio-cultural Differences within the Family: Young vs. Old, Born in Africa vs. Born in USA”. This forum also featured some other interesting topics. There were sessions that catered for the needs of singles, married, empty nesters, as well as various age groups. The concurrent sessions were interactive and encouraged heavy audience participation, which was a key to the success.

Other highlights of the conference include an organized tour of interesting locations in Los Angeles by bus, as well as daily news presentation by the excellent ACF news crew of young adults. The conference culminated in a family banquet on the last day. The new ACFUSA board of directors serving 2011 -2013 term was inaugurated at the banquet.

The Lord was gracious to us at the 2011 ACF National Conference. He encouraged us, challenged us, equipped us, and ministered to us. As we approach the future, our prayer is that the seeds that were sowed at this conference will germinate and produce fruit that remain; and may the Lord grant us the fortitude to build upon the precepts that were laid so that our “potential faith” will become “kinetic faith”, and ultimately impact Africa. Amen. ☸

Poem: Look Unto Jesus

Looking up to Jesus	To hear the hidden secret
Standing firm on the word	That He alone can share.
His foundation so firm	Standing firm together with the Lord
Abundant love and favor	My life in Him complete
My ears attentive to His word	May I delight in doing His will
My mind fixed on His beauty	For only in Him is my life worth living.
My heart close to His heartbeat	

Sister Cecilia Emenari,
ACF Washington, D.C. Metropolitan Chapter

Announcement

You have been waiting for them, now they are here!!

2011 National Conference Materials CDs, DVDs, Personalized ACF polo shirts

Now available for purchase on the website: www.acfusa.org at good rates

Help support ACF by purchasing these items; they are also great gift ideas.

Shipping and handling are FREE!

Anointing For Praying For Complete Breakthrough in Perilous Times

Psalms 77:7-15 (NKJV) reads:

⁷ Will the Lord cast off forever? And will He be favorable no more? ⁸ Has His mercy ceased forever? Has His promise failed forevermore? ⁹ Has God forgotten to be gracious? Has He in anger shut up His tender mercies? Selah¹⁰ And I said, "This is my anguish; But I will remember the years of the right hand of the Most High." ¹¹ I will remember the works of the LORD; Surely I will remember Your wonders of old. ¹² I will also meditate on all Your work, And talk of Your deeds. ¹³ Your way, O God, is in the sanctuary; Who is so great a God as our God? ¹⁴ You are the God who does wonders; You have declared Your strength among the peoples. ¹⁵ You have with Your arm redeemed Your people, The sons of Jacob and Joseph. Selah

Admittedly, there are moments in our personal and/or corporate life experiences that circumstances in which we find ourselves may seem overwhelming, leaving us with endless questions hatched in the furnace of despair and destitution. In reference to the Psalms 77, Jamieson-Fausset-Brown Bible Commentary noted that "In a time of great affliction, when ready to despair, the Psalmist derives relief from calling to mind God's former and wonderful works of delivering power and grace." The seemingly unabated, increasing trends of violence and wickedness in our society leave us with emotional reactions regarding the need of sustained praying.

The Psalmist gives us the way out of despondency in prayer: focusing on God and His Power (what He can do). Looking unto Jesus, the author and finisher of our faith, enables us to ride above and over circumstances and situations [Heb 12:2 (KJV)]. The present state of world affairs and the current trends of events at both local and global levels should not intimidate us or weaken the constancy and tenacity of our praying for breakthrough in all its ramifications. This is exactly what our Lord Jesus Christ meant when He said that "...men ought always to pray, and not to faint;" [Luke 18:1 (KJV)]. Giving some practical precepts, Apostle Paul underscores the importance of praying without ceasing [1 Thess 5:16 (KJV)]. Our praying must be sustained by our faith in our God of faithfulness. For we walk by faith, not by sight [2 Cor 5:7 (KJV)].

Regardless of the intensity of the adversity and calamity, we serve the Very God who is always supreme and in full control of all that pertains to life now and hereafter (eternity). Therefore, we will not faint but boldly continue to pray for the

release of God's anointing for praying together with the anointing that breaks the yoke of sins and sufferings.

Having this full confidence in our prayer-answering God, brethren, let us pray for the following points:

ACF:

Thank God for His grace and mercy and for granting us a successful, revitalizing, and safe 2011 ACF USA National Conference.

As we heartily congratulate the leadership and membership of the two new ACF chapters, let us thank God for their miraculous births. Specifically, pray that the Lord will enrich and bless the members of these two new chapters with all knowledge, wisdom and power in Jesus Name.

Continue to pray for ACF Missions (home and abroad). In particular, remember to thank God for ACF missions in various nations in the continent of Africa aimed at rebuilding the walls of Africa. Also pray for abiding fruits as well as for our team members, resources, partners on the mission fields, and mission targets. Surely, the harvest is ripe but the laborers are few. Please pray that our Lord God of harvest send laborers to His Vineyards at home and abroad.

Africa:

Please continue to pray for deliverance from corruption, greed, and disunity among tribal groups in Africa. Further, several parts of our Africa continent have suffered horrible religious violence, atrocious social injustice, and incredible economic subjugation, culminating in indescribable loss of human lives, dignity and properties. Plead for God's mercy, and pray that the Lord God Almighty will restore His peace and healings to our people and lands. Pray for the leadership of the nations of Africa, especially the newest country (South Sudan) in Africa.

United States of America:

As the election campaign activities are accelerating, let us pray for the US government (Executive, legislative, and judicial arms). Please continue to pray for President Barack Obama that the LORD will multiply Godly wisdom and understanding in him so that he can govern with courage in the fear of God. In addition, pray for God's divine protection for him and his family. ☸

— Sister Charity N. Chujor, ACF Washington, DC Metro Area Chapter